



NORWESTER

Rotary Club of Northwest Des Moines www.clubrunner.ca/northwestdesmoines

January 21, 2011

Prez Sez...

Eric Dickinson

Terry Geiger

Arranged By: Eric Dickinson *Greeter:* Paul Kirpes Invocation: Brenda A-Mailey Sergeant: James Alan Scribe: Leslie Malcom

Notable Contributors

Hopefully, each of you has taken a close look at this month's Rotarian. It speaks specifically about 100 notable contributors. Let me talk about a few of them. Buzz Aldrin, the second person to walk on the moon. What else did he do but to plant a Four-Way Test pin on the lunar surface. Isaac Asimov contemplated the future of space exploration. "Knowledge, no matter how abstract, has a curious habit of becoming useful."



Jimmy Carter - in June, 1994, the magazine quoted him saying, "Service transcends international boundaries". Another person for me to mention is Mia Farrow. Mia is a polio survivor and an honorary Rotarian. Let's all try to follow in their foot steps and help create people within our own club that have diligently followed steps of Rotarians around the world both past and present.

2010 Officers & Directors

Eric Dickinson, President Wanda Armstrong, President Elect Brad Helgemo, Secretary Marcus Dunn, Treasurer Ed Arnold, Director Jim Arthur, Director Dan Boes, Director Jenifer M-K, Director Diane Porter, Director Wendi Wilson, Past President Dianne D-Nelson, Exec Sec Bill Corwin, Exec Treas

Future Programs

1/28: The Invasion of Panama

2/4: Emilie Hasen New Hearing Technology

Scribbles...

Kent Henning Grand View University

Since Mr. Henning's arrival at Grand View, the University has experienced growth in virtually every area. Enrollment has been growing steadily and is up 3 ½% this year totaling 2,100 students. Of this number, 1,560 are full time students which is 6 ½% over last year's number. This growth has caused new educational programs to be added, increased student activities and the addition of more educational staff.

Currently on campus a new student apartment building is being built with 230 "apartment style" living units. This new building will target upper class students for on campus living. When completed, the number of student currently living on campus will climb from 611 to over 800.

Kent strongly believes in intercollegiate athletic programs, building the number of sport offerings at Grand View to twenty. Bowling is the latest sport added with men and women's tennis and men's volleyball to be added next year.

It is Kent's belief three things must happen in order to maintain steady growth: 1) Continue to target "first generation" students. 2) Remain affordable to middle class families. Currently tuition, room and board are in the \$26,500 range before grants and financial aid are taken into account, making Grand View very competitive. 3) Continue making students aware of the many financial aid opportunities and grants available to them at Grand View.

In Kent's own words "success of the future at Grand View is governed by his contact with the students and getting to know them individually." It was apparent to all those present that Grand View University is in very good hands.

Submitted by Joe Kobes

Other Local Meetings

Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)

Johnston, Hyperion Golf & CC, (7:00 am)

Dallas Center, Memorial Hall, (Noon)

West Des Moines, DM Golf & CC, (Noon)

Wednesday

East Polk County, Prairie Meadows, (7:00 am)

Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)

The Greater Des Moines Club, Jimmy's (6:00 pm)

Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)

Des Moines, Wakonda Club, (Noon)

Winterset, Northside Cafe, (Noon)

<u>Friday</u>

Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)

Reminder . . .

We are back at Urbandale
Golf & Country Club this Friday!!

Items for the Nor'Wester should be submitted every Wednesday by Noon. Please send to:

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Health Corner

- In a recent study, positive and satisfied middle-aged people were twice as likely to survive over a 20-year period as compared to more negative people.
- Deep sleep rejuvenates you.
 When you receive adequate sleep, you will look and feel better.



- Remember to scrub your hands thoroughly several times a day.
 Up to 80% of all colds, flu and other common illnesses are spread through touching.
- Cross Training is a great way to promote optimum fitness. An example of cross training is aerobics on Monday, weight training on Wednesday and Yoga on Friday.
- Positive thinking has been found to boost the body's immune system to enable us to fight off infection.



Future Information

	<u>Program</u>	<u>Greeters</u>	<u>Invocation</u>	<u>Sergeant</u>	<u>Scribe</u>
П	Chairperson:	Chairperson:	Chairperson:	Chairperson:	Chairperson:
	Leslie Malcom	Wanda Armstrong	Jim Pittman	Beth Goedken	Larry Sample
	David Crandall, Jan. 28	Joe Kobes, Jan. 28	John Pittman, Jan. 28	James Alan, Jan. 28	Roger Nyberg, Jan. 28
	Phil Houle, Feb. 4	Jim Lipscomb, Feb. 4	Chuck Corwin, Feb. 4	Diana Reed, Feb. 4	Diane Porter, Feb. 4
	Paul Kirpes, Feb. 11	Mark McAndrews, Feb. 11	Bill Corwin, Feb. 11	James Allan, Feb. 11	Diana Reed, Feb. 11